LEOPARD LINK October 2020

Principal's Message:

Dear Parents and Students-



Our first Parent Teacher Conference will be held on the evening of Wednesday, October 7th. A signup genius is available for all at school learners to schedule a time. A link is on the right hand column of our website larsen.nebo.edu. We are available at school, but hoping to schedule as many appointments via zoom, as possible. We would love to cut down on the amount of people in and out of the building. Teachers have sent out schedules previously. If you scheduled with your teacher already, you won't need to schedule again. We tried to eliminate some confusion since this is such a unique way of doing conferences. Please give the office a call if you need help, or have any additional questions.

Remote Students will also have Zoom Parent Conferences, but your sign ups will be handled by your individual remote teacher.

School picture retakes are coming on October 26, 2020. Remote students are invited to take pictures at their boundary schools, but those picture days will most likely not be on the same day as Larsen. Check with your local school to get that date on your calendar.

We've had two successful fire drills. For the month of October we will be practicing our first lockout drill of the school year. This drill takes place when we need to keep our students safe from intruders that somehow have gotten access into the school. For this drill, students lockdown in classrooms with their teacher, until the drill is complete

For those of you who are new to Larsen, we welcome you to our favorite month of the year. We love making our Halloween celebration like no other. And even though we have many more protocols because of COVID, we wanted to continue with our tradition because we know our students really look forward to it. With that being said, there will be some changes. We aren't able to have a parade and gather large groups of people together. Instead, we will put together a short video to share with Larsen families so that all can share in a piece of the fun. Thanks for all your efforts in continuing to keep students and families safe!

-Mrs. Thomas

Last May we celebrated the Governor-declared Utah Resilience Month. This Fall, we continue to celebrate building resilience in our children!

Please click on the link below for an exciting message to Utah Parents that features:

- Debut showing of "Resilient", the new music video for students
- 10 Ways to Build Lasting Resilience in Your Children
- Special invitation from First Lady of Utah Jeanette Herbert
- Wash My Hands Challenge

https://www.resilient-utah.org/urm-parent-message-fall-2020/

www.ResilientUtah.org

PTA NEWS AND EVENTS

It's time for our Reflections Art Contest again!

This year we are doing all entries online. Keep your projects safe at home, until we know if they are moving on to the next level of the competition. If you do more than one project, be sure to fill out a separate entry for each. Use this link, or scan the QR code provided on the flyer we sent home, to see official rules and to submit entries. https://www.utahpta.org/ref (Click on "My Reflections Entries", there you must register first, and then you can sign in to be able to submit entries)

ALL ENTRIES ARE DUE BY OCTOBER 9TH!

All kids that enter will get to celebrate with us on Wednesday, October 23rd at school! They'll get an ice cream treat, and those who have projects that we'll be sending on to the next level of the contest will receive cool awards and prizes too!

If you have any questions about the entry process or rules, refer to the link above, or call/text LaShelle Gibson at 435-764-1330.

Upcoming Events & opportunities to help:

-Friday, October 2, October Birthday lunch

-Tuesday, October 6, PTA Zoom Meeting @ 1:30pm:

https://us04web.zoom.us/j/3239631617?pwd=MVFYNktqOUIUMzIIRkkwdUs4dVdCUT09

Meeting ID: 323 963 1617. Passcode: Ls90gU

-Wednesday, October 7, SEP Dinner for teachers

(We'd love to have your help! Please contact Tiffany Caldwell 801-420-0744)

-Larsen T-shirt & Hoodie orders have been turned in. If you've placed an order, be looking for them in 2-3 weeks. We'll send them home with your student.

-Earn money for Larsen through Macey's School Perks & AmazonSmile!

Details included below:

Questions? Please email us at larsen.utahpta@gmail.com

STUDENT "SPOT" LIGHTS

Students will be working on both individual and class goals. Leopard Leaders will be chosen and honored from each class in the school. Leopard Leaders are those students who are exemplifying good leadership qualities and treating students and staff with respect. Our school attributes are as follows: Leopard Leaders, Accept All, Respect Self, Show Success, Empower Others, and Notice Needs.



September Leopard Leaders



Mrs. Bates- Fewest Tardies & Best Asrt Specialties



1St Grade- Best Lunchroom Manners



Legends of the Leap



Legends of the Leap

Class goals for October are those who show the best manners, the best Art Specialty Class, and the highest % of students completing their home reading..

WHAT'S HAPPENING THIS MONTH

*	oct. 6th:	1:30pm- PTA Meeting
		(available over zoom)

♦ Oct. 7th: Lockdown Drill

Parent Teacher Conferences

◆ Oct. 15-16th: Fall Break

Oct. 22nd: Leopard Pride Assembly at 9:05am via Zoom

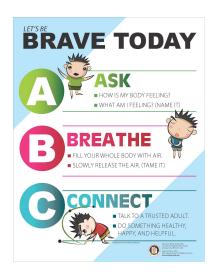
Oct. 26th: Picture Retake DayOct. 29th End of Term One

♦ Oct. 30th:
No School-P/C Comp Day

<u>COUNSELOR'S CORNER</u>

Dear Parents & Guardians,

For September we learned the ABCs of emotional regulation:



I encourage students to practice this during times of frustration and anger. It will eventually become a natural habit. We also practiced "balloon breathing", that is taking 3-5 deep breaths that get progressively deeper with each breath, filling the lungs with more and more air each time.

In Kindergarten this month we talked about being ready for school and all the amazing things Kindergarteners will learn this year!

First graders got to listen to <u>The OK Book</u> by Amy Krouse Rosenthal which talks about being willing to try new things and that we don't have to be perfect at everything... it's okay to be "Just OK" at some things.

Second graders learned the importance of good listening skills. Good listening keeps us safe and helps us to have good days at school and at home.

In third grade, we talked about conflict resolution and that a sincere apology when things go wrong is a great way to fix relationships. Playing "Rock, Paper, Scissors" is a great way to solve minor disagreements on the playground.

Fourth Graders learned about empathy. We read the book, <u>Stand in My Shoes</u> by Bob Sorenson where a girl named Emily learned to notice the needs of others and show kindness in difficult times.

Fifth and Sixth Graders discussed ways to truly get to know each other. We don't all have the same story, but we all have amazing things to share with the world. We read about this in the book titled <u>The Day You Begin</u> by Jacqueline Woodson

For October, we will continue discussing what it means to be a <u>Larsen Leopard Leader.</u> We hear about this each day with morning announcements by doing things such as "bossing your body" and respecting others. We can also be leaders at home and in our neighborhoods by doing small acts of service such as picking up trash and keeping rooms clean and finishing homework all without being asked.

If you or a family member is in need of support at this time, please note the following link which provides information on free resources in our community:

https://hs.utah.gov/portfolio-item/state-offers-free-counseling-for-covid-related-stress

