# LEOPARD LINK September 2020

#### Principal's Message:

Dear Parents and Students-

We are so happy to welcome everyone back to school such a LONG break! We are having such a great time being back in the building with students and teachers.

This school year will be running a bit different than years past, so to get the most up to date information, make sure to visit the school website at larsen.nebo.edu. There is a parent information tab that provides families with Larsen related information. Our main page will also hold the most recent school events and other information.

Our first Parent Teacher Conference will be held on Wednesday, October 7th from 3:20pm-8:30pm. A signup genius will be available for all at school learners to schedule a time. I will open this up on the website during the last week of September. We are available at school, but hoping to schedule as many appointments via zoom, as possible. We would love to cut down on the amount of people in and out of the building.

Remote Students will also have Zoom Parent Conferences, but your sign ups will be handled by your individual remote teacher.

School pictures are coming on September 22, 2020. Remote students are invited to take pictures at their boundary schools, but those picture days will most likely not be on the same day as Larsen. Check with your local school to get that date on your calendar.

Our first Fire Drill went well, and our second one will take place in September. We practice a variety of drills throughout the year to help students review what types of procedures take place in the event of an emergency.

We are looking forward to the month ahead and thank everyone for all of the efforts in keeping your students healthy and safe. If you have any questions, please feel free to reach out. We are happy to help!

-Mrs. Thomas

### PTA NEWS AND EVENTS

We invite you to join Larsen PTA! We work together to provide activities and programs at Larsen that enrich and strengthen your child's education. Programs such as Reflections, Book Fairs, Spirit Days & student Birthday celebrations. You can be involved with as little or as much as you would like. We meet the first Tuesday of each month at 1:30pm. Our next meeting will be October 6th via Zoom (meeting info included below). We'd love your help because we know we can do more together than we can do apart!

Here is the link to join Larsen PTA:

https://larsen.new.memberhub.store/store?category=Memberships

As a PTA we would like to encourage unity this year. Fridays throughout the year will be our School Spirit Day. We encourage students to wear a Larsen shirt, school colors (orange & gray) or leopard print.

If you are interested in purchasing a Larsen T-shirt or hoodie they can be purchased here: https://larsen.new.memberhub.store/store?category=Apparel

> We are looking for more classroom volunteers. Please sign up here: https://forms.gle/AaUuutBzrc2UX7Dh9

#### **Upcoming events & opportunities:**

Friday, September 4, August Birthday lunch

Friday, September 18, September Birthday lunch

Wednesday, September 22, Picture day

Tuesday, October 6th at 1:30pm PTA meeting

Join Zoom Meeting

https://us04web.zoom.us/j/3239631617?pwd=MVFYNktgOUIUMzIIRkkwdUs4dVdCUT09

Meeting ID: 323 963 1617

Passcode: Ls90gU

Questions? Please email us at larsen.utahpta@gmail.com

## STUDENT "SPOT" LIGHTS

Students will be working on both individual and class goals. Leopard Leaders will be chosen and honored from each class in the school. Leopard Leaders are those students who are exemplifying good leadership qualities and treating students and staff with respect. Our school attributes are as follows: Leopard Leaders, Accept All, Respect Self, Show Success, Empower Others, and Notice Needs.

Class goals for September are the best lunchroom behavior, the best Art Specialty Class, and the class with the fewest number of tardies..

#### WHAT'S HAPPENING THIS MONTH

Sept. 7th: Labor Day-No School

Sept. 14th: School Community Council @ 9am

❖ Sept. 15th: Fire Drill

Sept. 17th: Constitution Day

❖ Sept. 21st: Students out at Noon: Kindergarten-6th grade

Afternoon Staff Development Day

Sept. 22nd: Picture Day

Sept. 26th Leopard Pride Assembly at 9:15am



### \* Just A Reminder \*



Please make sure to relink you Perks membership account at Macey's grocery store to Larsen Elementary. Last year our school received the highest amount of \$10,000 thanks to all you wonderful parents. Here is what Macey's says about the program:

"School Cents is our way of giving back and supporting our communities' education system. The School Cents program is run through Macey's Perks® program allowing us to electronically track the rewards each school earns. Your school will earn one percent\* of every purchase made by its supporters."

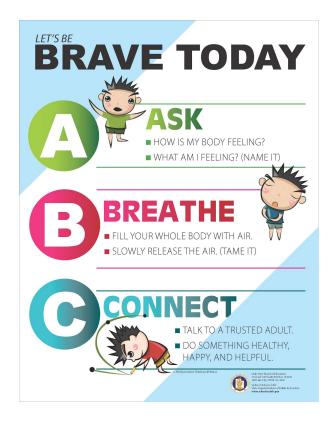
Here is the link if you have any further questions:

http://maceys.com/school-cents

#### COUNSELOR'S CORNER

Dear Parents & Guardians,

When times are stressful, it's important to take care of your emotional wellbeing. Students at Larsen are being taught to BE BRAVE TODAY, using the ABCs:



Students learned that once they notice something is "off" they should ASK themselves how they are feeling; whether it be, hungry, tired, angry, silly, excited, frustrated or confused, they are on the right path to meeting their needs. After they recognize and can name the emotion, that taking a minute to BREATHE allows them time to think and calm themselves. And finally I am encouraging kids to CONNECT, to ask for support from their teachers and parents, and to find something to help themselves feel good again. We brainstormed some ideas such as: jumprope, do push-ups, go for a nature walk, bake, talk to a grandparent, draw and paint as helpful and safe ways to cope with tough emotions.

By practicing being more mindful of large, overwhelming feelings, students are learning how to effectively regulate their emotions and to communicate their needs with the trusted adults in their lives. Students will see these posters in their classrooms and throughout the school, as a reminder to take care of themselves.

If you or your child is in need of additional support, please reach out to me. I am available at Larsen Elementary Monday through Friday.

Roxanne Shumway School Counselor, Larsen Elementary 801-798-4035

This resource was developed and shared by The United Way.

