

Nebo's Parent Seminar on Mental Health Awareness



Join us for a free parent seminar with information on substance abuse, mental health issues, Suicide warning signs and prevention.

Springville High School

Auditorium

1205 E. 900 S.

November 2, 2015

6:30-7:30 p.m.

**Spanish Fork High
Auditorium**

99 N. 300 W.

November 16, 2015

6:30-7:30 p.m.

Rayson High School

Auditorium

1050 South Main Street

January 11, 2016

6:30-7:30 p.m.

Topics include

- Mental Health issues
- Suicide warning signs
- Prevention tips
- How to get help and access to community resources

USOE Suicide Prevention
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